

Dear Committee Clerk,

I write in response to your letter dated 8th February 2018, further to the Committee's enquiry into the Emotional and Mental Health of Children and Young People. Please see below response to the specific questions that you have raised-

1. Specialist CAMHS – Workforce

- What is the current staffing establishment (WTE) and vacancy rate for specialist CAMHS in each Health Board? How has this figure changed over the past three years?

The following summarises the staffing position across all CAMHS budgets managed by Cwm Taf Health Board as at month 12 2015/16 and at month 8 2017/18. As this demonstrates, whilst there has been a significant growth in the establishment across CAMHS services, there has been an increase in the vacancy rate, particularly across medical and nursing posts. Please note that this data includes all CAMHS services, including those managed as part of the CAMHS Network e.g. FACTS, EDOS, Ty Llidiard.

Month 12 2015/16-

Staff Group	Establishment	Actual	Vacancy rate
Medical	35.01	34.80	1%
Nursing	106.40	102.51	4%
Therapies	20.02	16.72	16%
Total	161.43	154.03	5%

Month 8 2017/18-

Staff Group	Establishment	Actual	Vacancy rate
Medical	38.80	31.38	19%
Nursing	132.44	107.09	19%
Therapies	36.20	33.55	7%
Total	207.44	172.02	17%

- Is workforce planning at a national level meeting the needs of Specialist CAMHS? What are the most difficult recruitment challenges?

As the above demonstrates there are vacancies across all staff groups and experience shows that it can be challenging to recruit to all staff groups. This would suggest that further work is required to ensure that the required staff are available to avoid vacancies within CAMHS services.

Return Address:

Ynysmeurig House, Navigation Park, Abercynon, CF45 4SN

2. Neurodevelopmental Services

- Are all health boards meeting the 26 week waiting times target for neurodevelopmental conditions? How many children and young people are currently waiting for an assessment?

As at 06.02.18 there are 313 patients on the ND waiting list, with 60 waiting >26 weeks – compliance of 81%.

- An additional £2million was earmarked for specific support for neurodevelopmental conditions in 2016-17. What was the breakdown of funding and where has this been spent?

Within Cwm Taf the ND funding has been used for the following, in addition to this there is a 0.4 WTE Consultant within CAMHS and approximately 5 Consultant sessions within CYP and these are not included in the ND budget below-

Area of spend	Total budget	Budget WTE
Consultant	11,992	-
Speciality Doctor	31,046	0.60
Locum Specialty Registrar	4,675	-
Registered Nurse Band 7	44,318	1.00
Occupational Therapist B7	44,417	1.00
Speech Therapist Band 7	44,318	1.00
Pharmacist Band 7	-	-
Admin & Clerical Band 3	20,356	1.00
Admin & Clerical Band 5	31,496	1.00
TOTAL PAY	232,618	5.60
Travel & Subsistence	8,160	-
LES Local Development Scheme	44,333	-
TOTAL NON PAY	52,493	-
NET POSITION	285,111	5.60

3. Access to psychological therapies

- How many additional whole time equivalent specialist posts have been created and the impact

Cardiff and Vale CAMHS

WTE	Post
0.4	Senior Family Therapist
1.0	Family Therapist
1.0	CBT Therapist
0.5	Generic Therapist

Cwm Taf CAMHS

WTE	Post
1.1	Family Therapist
1.0	CBT Therapist

ABMU CAMHS

WTE	Post
1.0	CBT Therapist
1.0	Family Therapist
1.0	Generic Therapist

Network wide

WTE	Post
0.4	Lead for CBT
0.4	Lead for Family Therapy
1	Dietician

These posts have supported a greater focus on therapeutic intervention across CAMHS services.

- Is there a national overview of the number of referrals that are made across Wales for different types of psychological therapy, including the number of referrals that are accepted? Why do we still have waiting lists?

Whilst overall referrals to SCAMHS are monitored, specific data regarding therapeutic interventions is not monitored. Waiting lists for CAMHS are due to an imbalance between demand and capacity, however initiatives such as the introduction of CAPA will help to address this.

- How much of a priority is the development and expansion of family therapy?

There is no new funding currently to expand family therapy, however any vacant Family Therapy posts are being advertised to fill on a like for like basis in order to maintain the current service level.

4 Advocacy

Not all of the Health Boards are currently commissioning advocacy provision for children and young people. Is this correct?

Within Cwm Taf Advocacy Support Cymru provides an advocacy service for inpatients only. The Patient Advice and Liaison Service (PALS) provides advice, support and information for all children and young people.

Yours sincerely,



Alan Lawrie
Director of Primary, Community and Mental Health
Cwm Taf University Health Board

Cwm Taf Camhs Network

Area	C&V	ABMU	CTUHB	Tier 4	FACT	EDOS	ND	Total	%
PCAMHS	-	321,549	112,373					433,922	3%
CITT	387,356	183,680	462,273					1,033,309	8%
Therapies	126,204	475,271	63,319					664,794	5%
Admin	208,579	404,899	274,008					887,486	7%
Generic	929,128	1,401,689	843,862					3,174,680	25%
Crisis	379,725	454,762	190,606					1,025,093	8%
Psychological Therapies	178,407	185,274	188,719					552,400	4%
Forensic network	59,808	66,000	2,662					128,470	1%
LD Network	65,928	66,000	37,558					169,486	1%
Substance Network	202,341	53,000	99,526					354,867	3%
Network Management	82,539	101,000	373,893					557,432	4%
Neuro Developmental	60,694	-	65,024				232,618	358,336	3%
Inpatient				2,383,423				2,383,423	19%
Speciality			33,510		697,421	221,610		952,541	8%
Total	2,680,709	3,713,125	2,747,334	2,383,423	697,421	221,610	232,618	12,676,240	

